

INSTITUTE OF ST. ANSELM

INTERNATIONAL CENTRE FOR TRAINING LEADERS, FORMATORS AND EVANGELIZERS

Founded 1984



PROSPECTUS 2023-2024

Institute of St. Anselm c/o Il Carmelo, Via Doganale 1, Ciampino, 00043 Rome, Italy

Tel: +44 (0)1843 234700 or 00390694803855

Web: www.st.anselm.org.uk

Email: office@st.anselm.org.uk or officerome@st.anselm.org.uk

A Company Limited by Guarantee Registered in England; Company No: 201002; Registered Charity No: 294625 Italy: Legal Entity Al N. 1262/2018 Codice Fiscale 90088730586

INSTITUTE OF ST. ANSELM

All programmes are given in English

[All programmes comprise the integration of psychology and spirituality]

	Page
Introduction to the Institute	3
Recognition Accreditation and Awards	4
Message from the Director	5
What we offer	6
Access	6
Overview of the Diploma and Certificate programmes	7
Programme dates	10
Learning in Rome	11
Visas	11
Medical	12
Arriving at the Institute	12
Living at St Anselm's	12
Equal Opportunities' Policy	14
Quality Assurance	16
Institute Staff	17

_

INTRODUCTION TO THE INSTITUTE

The Institute was founded in 1984 by Fr. Leonhard Kofler MHM and its Founding President was Cardinal Basil Hume OSB. It was founded to train leaders, formators and evangelizers in the Church.

Fr. Kofler is a Mill Hill Missionary who is also an accredited psychotherapist, supervisor and trainer. He was ordained in 1959. In 1968 he took up further studies obtaining doctorates in sociology, psychology and pastoral theology and was in charge of formation at a minor seminary. In 1978 Fr Kofler joined the staff of the Missionary Institute, London, as a lecturer. In 1980 he was elected president and continued to lecture and counsel until July 1985. He also gave lectures for London University Extra Mural Departments. He saw the need to train leaders for the Church and founded the Institute of St. Anselm which began in 1985 with the first Diploma programme.

In January 2017 the Institute moved to Rome, on the extensive campus of the Carmelite Fathers, near Ciampino, to make it easier for international students to obtain visas. Programmes remain, in essence, the same as they were in the UK and are all given in English.

Fr. Kofler is Director and is assisted by a small core team and several eminent guest lecturers who come from various parts of Italy and UK. Experts in spirituality, psychology and various approaches to counselling` and human development come from universities and religious communities.

The Institute is housed in buildings located in a quiet residential area just outside the centre of Rome. It is close to Ciampino airport but not unduly affected by the noise of the planes. Il Carmelo, can take over 350 visitors in the rest of the buildings for conferences and retreats. The area allocated to the Institute contains its own chapel, lecture rooms, group rooms and our extensive library. There is excellent accommodation and all the study bedrooms are en suite. There are table-tennis facilities and a large garden to walk around. It is a three-minute walk to Sassone station, which is, however, closed at present as a bridge has to be built across the line. Otherwise it is a 20-minute walk to the station. From the stations it is just 18 minutes into Roma termini from where everywhere is accessible by bus, metro or train. Being a little outside Rome provides a great environment for the programmes with the possibilities of visiting Rome at the weekends. We are situated at the foot of the hills going up to Albano, which also means it is slightly cooler than in the centre of Rome. Altogether an excellent situation for our programmes!

Our Logo

The triangle symbolises the Blessed Trinity: Father, Son and Holy Spirit, in perfect relatedness. This is our model for true, authentic love in our relationships; united in our uniqueness in the one God who makes us whole.

The circle symbolises creation, the world and especially community living in relatedness. At St. Anselm's we learn how to relate more effectively and affectively to God, others, ourselves and the environment.

The tree symbolises life and growth through relationships.

RECOGNITION

ASIC: The Institute of St Anselm is accredited by Accreditation Service for International Schools, Colleges and Universities (ASIC).

ASIC is recognised by UKVI in UK, is a member of CHEA International Quality Group (CIQG) in USA and is listed in their International Directory, is a member of the BQF (British Quality Foundation), are affiliates of ENQA (European Network for Quality Assurance) and are institutional members of EDEN (European Distance and E-Learning Network).

ASIC has been awarded Full Membership status of the International Network for Ouality Assurance Agencies in Higher Education (INOAAHE)

Dear Participant

Greetings from St. Anselm's!

We are an international residential Centre for training in leadership and spiritual, personal and relational development of priests and members of religious communities. We welcome mature participants from all over the world.

There are around 30 - 50 participants each year for the Diploma and Certificate programmes. The programmes are full-time and residential but participants need to find accommodation for the Christmas and Easter breaks, each of which is for 2 weeks, and the long summer break for those staying over the summer months.

The mission of the Institute is to prepare and train leaders and formators. We aim to develop self-awareness and a high EQ (Emotional Quotient) and SQ (Spiritual Quotient) in participants through integrating psychology with a deep spirituality. We stress the importance of relationships with God, self, others and the environment, and this is carried out within the context of community living based on the model of the Blessed Trinity. This gives us the opportunity to really practise and integrate a lived spirituality.

We believe that the best way to form leaders is from 'the inside out' based on a biblical model of leadership. Leadership and Formation become an enjoyable challenge!

The way in which this mission is carried out is constantly re-evaluated by the Senior Management team, the Programme Management Committee and the Assessment Board in conjunction with other staff and participants. The evaluation is comprehensive and covers all aspects of the Institute.

Participants will find here a nourishing spiritual and community life, as well as stimulation for the mind and heart and care for the health of the body. Ours is a truly holistic approach.

We look forward to welcoming you to the Institute.

With all best wishes,

Fr. Len Kofler MHM (Director)

What we offer:

All programmes are residential, full-time and experiential and focus on the whole process of growth with special reference to spiritual and psychological integration. All programmes include skills training in Growth Facilitation. All programmes are focused on a sound training for Leadership and those in formation work or about to become formators. It is through working on the blocks and drives in us that we learn how to be an example to those whom we train and facilitate with compassion and firmness. The programmes are not suitable for those who are not seen as potential leaders or formators.

Reference Programme Name:

1SARDip & Diploma in Human Development, Leadership,

Formation and Community Building. **One year full-time**. Highly recommended for all those in positions of leadership/formation and pastoral care or those preparing to take on leadership roles. A spiritual component permeates the whole programme. The programme includes skills training in Growth Facilitation. These programmes are made up of 2 semesters: Autumn and Spring **or** Spring and Autumn.

3SARCert 18-week programme: Certificate in Human Psychospiritual Development, Leadership & Community Building.

4SARCert 12-week programme: Certificate in Human Psychospiritual Development & Community Building.

This abbreviated programme is designed for those who are presently in a leadership position and who wish to deepen their understanding of their role and receive help for their own personal and spiritual growth but who do not have the time available for the year-long programme.

Each of these Certificate programmes offers you time to rekindle your enthusiasm for your mission whether returning to the same one, beginning a new one or looking forward to a fulfilling, fruitful and happy retirement. They help you regain new vigour and insight for your life and work and are focused on enhancing your spiritual life and coming to a deeper acceptance, love and understanding of yourself and others. They are all ideal for a Sabbatical.

Access

Access to the programmes is by recommendation of your local bishop or superior, references from 2 referees and a written questionnaire.

You will be informed within two weeks of us receiving the replies of your referees whether or not you have been accepted on the programme of your choice. We are unable to offer you a place until we have received the required recommendation and references. It is *important to apply early*: as the programmes are residential, and the number of places is limited.

From the commencement date of the programme, we are unable to refund any fees.

5SARCert Seven-Week programme: Certificate in Community and Pastoral Leadership

This programme is reserved as a taster and support programme for Superior Generals currently in office, General Councillors responsible for Formation, Bishops and other senior Clergy in Leadership who have a limited amount of time. It is restricted to the first seven weeks of the Diploma Programmes beginning either at the end of September/beginning of October or in January. The commencement date is non negotiable, the ending date is open to some flexibility.

English Language Requirement

All overseas participants are required to have a reasonable grasp of the English language in order to gain the maximum benefit during their stay.

Second and Third Year Scholarships

There are a very limited number of scholarships available for participants who are deemed suitable and who will be offered the opportunity to stay for a second or third year to enhance and further their group and individual facilitation skills. You are asked to pay for your accommodation but all tuition and supervision is free. This is based on an apprenticeship system where trainees do further study and work alongside the Senior Staff. Successful Second Year trainees will receive an Advanced Diploma in Integrative Psychospiritual Growth Facilitation of Groups. Third Years will receive a Higher Diploma in Transformational Pastoral & Community Leadership and Individual Growth Facilitation

Overview of the 1st Year Diploma Programme

Leaders and facilitators in spiritual and religious communities face a complex task, one requiring a great depth of understanding of human behaviour in addition to a solid grounding in the process of spiritual growth. True compassionate leadership is not possible without these. A facilitator of community life is often required to understand and help individuals resolve their emotional pains and troubles which, if left untended, will disrupt the community's spiritual life. The special human development skills necessary in guiding communities, parishes and various groups are learned and practised in these unique foundational programmes which complement the administrative and business skills offered in other institutions.

Both the *Diploma Programmes* and the *Certificate Programmes* are built on an integrated process of spiritual, psychological and emotional development – a process which is implemented within a multicultural community. The programmes draw upon many disciplines, skills and approaches to different areas of human growth. They centre on developing the psychological, emotional and spiritual maturity of the leaders and facilitators themselves. Participants learn to improve the necessary professional skills by actively practising them among themselves, as well as taking part in facilitated group workshops and individual learning sessions. The programmes are practical/experiential, rather than academic.

As a participant, you will attend lectures and participate in practical workshops and group processes. In order to gain as broad a practical experience as possible, you will actively participate in various groups that are formed for different purposes. You will be assigned a personal Growth Facilitator who will meet with you privately for a 50-minute session weekly,

when you will have the opportunity to share, be encouraged, caringly challenged and gain support on your journey. You are asked to write and keep a résumé of each session which is confidential between you and your Growth Facilitator. These activities will assist you in understanding your process – how and why you function in life the way you do – and the corresponding processes of others.

The Development of Relationship, Integrating Psychology and Spirituality

The programmes cover the changing emotional, social, intellectual and spiritual needs and development of the person through life. Emphasis is placed on your relationship with God, self, others and the environment. Emotional and psychological development are stressed as the basis for true spiritual unfolding. Facilitating others through life situations that impact on one's spirituality is a dominant theme of the programmes.

Time for Reflection

Each day you will have ample time for quiet reflection and to write a daily personal journal. Many participants find their time of reflection enhanced by walks around the garden with its many beautiful trees, birds, and flowers offering a communion with God and nature. There is a preached retreat once a year for all participants present, usually before Easter Term.

Leadership

During your time here you will be given an opportunity to be a community leader under supervision.

These programmes are planned to serve the needs of Bishops, Major Superiors, Parish Priests, Community Leaders, Head Teachers, Senior Nursing Staff, Chaplains, Rectors, Novice Masters and Mistresses, members of Formation Teams and Pastoral Workers.

Note: Programmes are not for those with major problems or needing intensive counselling or therapy.

12-week, 18-week and 7-week Certificate Programmes

Programmes are focused on rekindling your spiritual life, fostering a deeper love and understanding of Christ, self and others.

You will be supported in your quest for spiritual renewal through community prayer, private time for reflection and by group interaction and individual Growth Facilitation.

Those coming for the Autumn and Spring programmes will follow part of the Diploma programme – either the first (12 weeks) or second (18 weeks) semester.

Community experience is an essential element of life at St. Anselm's. While here, you will be a member of a small group. Your time will be divided between personal space for reflection, times spent with your group and interaction with the larger multicultural community of St. Anselm's, such as at lectures, Mass, Morning and Evening Prayer, meal times and socialising.

Being a part of St. Anselm's multicultural community offers you an opportunity to appreciate and value cultures and ways of community other than your own. Here you will directly

experience how community can enhance personal development. Relationship building is fostered in the daily situations of praying, learning, relaxing and living together within this international community. The importance of reconciliation in daily life with God, others and ourselves is stressed.

A Holistic, Integrative Approach in all Programmes

In Genesis 1 and 2 we read that God made us in God's image and likeness. The body is a central element of being human: our spiritual (higher self), conscious (middle self) and unconscious (lower self) are embodied. This is why we treat embodiment and bodywork as integral to the programmes.

The spiritual self is where the Blessed Trinity dwells. True prayer and meditation take place at this level of our being. It is the spiritual self that engages in communication with the indwelling Blessed Trinity. This is the part to which we must turn in order to become more self-actualised, self-fulfilled, integrated and mature. Once we grow to realise more and more our original God-likeness, we gain new life of power and happiness; we know we have a greater, more perfect and more powerful part of ourselves than we usually experience in everyday living.

Through the indwelling God we are linked with all other Higher Selves and connected to them. This truth is beautifully expressed in the *Communion of Saints* but also in quantum physics. *We are all interconnected*.

If we keep in touch with the Higher Self, the abode of the indwelling God in us, a new life of happiness, love and peace will be ours. By over-emphasising any of the three 'selves' to the detriment of the others, the human being becomes pathological. We need to redress the balance of interaction between our three selves. This is what we set out to help you to do in our programmes.

PROGRAMME DATES

September 2023

ISAR30 - 2023/2024 Diploma programme begins with supper 24 September 2023 to 19 December 2023 and 07 January 2024 to 24 May 2024

4SAR12 - **12-week** Programme begins with supper 24 September 2023 and ends 19 December 2023

5SAR7 - 7-week Programme begins with supper 24 September 2023 to 9 November 2023

There is a long weekend break (Friday to Monday inc.) in **November 2023: 03 - 06 (inc.)** for all.

Christmas Break 19 December 2023 to 07 January 2024

January 2024

2SAR30 - Diploma Programme begins with supper 07 January 2024 and ends 19 December 2024

2SAR30 - Diploma Programme break: 24 May 2024 till supper on 29 September 2024

3SAR18 - 18-week Programme begins with supper 07 January 2024 and ends 24 May 2024

5SAR7 - 7-week Programme begins with supper 07 January 2024 till 23 February 2024

Easter Break: 22 March 2024 till supper Sunday 17 April 2024

Summer Break Diploma 2ASR30: 24 May 2024 till supper 29 September 2024

There is a long weekend break (Friday to Monday inc.) in **February 2024, 16 - 19 (inc.)** for all.

Programmes begin with the evening meal at 19.30 on the first date given for each programme, likewise for Christmas and Easter breaks.

The Institute cannot provide accommodation during the Christmas and Easter breaks, each person must make their own arrangements, as we are guests of Il Carmelo.

Flights should not be booked before 6.00 pm on the last day of the programme or breaks. Participants are welcome to stay until the next day with no extra charge.

STUDYING IN ITALY

Climate

The best Italian climate is in Rome, often dry and warm, from April to May, means that daily sunshine figures will be 20° C/25° C, after between June and August the figures reach 35° C / 38° C and are at their lowest from November to February 6° C/15° C sometimes below freezing especially at night, this is the time for the heaviest rainfall. Snow is comparatively rare. However, the Institute has very good heating which is used after 2 November according to the local laws. Some warm clothes are available from the Thrift Shop at the Institute.

Transport

Unfortunately, at the train station at Sassone, which is the nearest station to Il Carmelo, there is no legal way to cross the line from the platform to come to Il Carmelo. You therefore need to alight at the station before Sassone which is called Acqua Acetosa. From there is a 15 to 20 minutes' walk to Il Carmelo. We are hoping the local authority will build a bridge over the line to facilitate access to Il Carmelo and other local residences.

Ciampino (Sassone) enjoys a good road, and rail links to Rome and elsewhere in Italy as well as Mainland Europe. The Institute currently is 15 to 20 minutes' walk from the railway station. Trains take about 15 minutes into Roma Termini from where you can get buses, Metro and trains to almost everywhere! A short train journey can be taken to Albano which is on the lakeside up in the hills.

Currency

Euro (\in) is the currency of Italy. Do not bring any cash in notes over the value of \in 100 each. Higher notes are not accepted in most places and most banks will not accept them either.

Visas.

Unfortunately, the Institute is not in a position to arrange visas for participants. Each participant must make their own arrangements for Visas. If you are a diocesan Priest we suggest you approach the Bishop to help you through the Vatican. If you are a religious but not from a Pontifical congregation or your congregation does not have a house in Italy we suggest you approach a Pontifical Congregation and ask their help.

We regret that the Institute of St. Anselm is unable to help you with this, at this point in time.

To follow the programme you need a Visa for Religious purposes category D. Do not get a student visa or you could be sent back and will have to restart your visa application from the beginning. International participants are also strongly advised to investigate the benefits of and procedures for obtaining the Schengen Visa. This simplifies travelling around Europe during the holidays, if you so wish.

Medical

In Italy it is essential that all participants have medical insurance to cover the full duration of their stay in Italy.

Please note that you <u>MUST</u> obtain Health Insurance before you arrive in Rome for **all programmes**. Your Health Insurance must cover the complete duration of your stay, from the day of your flight to Rome to the day of your flight leaving Rome, before you travel.

Luggage. Be very careful to look after your luggage and keep it in your sight when you come to Rome. If your luggage is lost or there is a problem, you must resolve it before you leave the airport. In this way your luggage will be brought to you when it is found.

Luggage or parcels can be forwarded to the Institute prior to arrival. Participants are advised to contact their airline regarding baggage weight allowances and restrictions prior to departure for the airport.

ARRIVING AT THE INSTITUTE

The Institute is situated at Il Carmelo, Via Doganale 1, Ciampino, 00043 Rome. 'Institute of St Anselm' is clearly written over the entrance of the main building.

If you are arriving at Fiumicino airport we recommend that you book a taxi online to meet the flight. This is cheaper than getting a taxi at the airport. https://www.welcomepickups.com/rome/ Their cost is around ϵ 60. At the airport it will be ϵ 80 or more. There are other taxis online also. Unfortunately, it is not possible for the Institute to meet anyone at any airport or train station etc. For Ciampino Airport we recommend you get a taxi there and argue the price to ϵ 15 or ϵ 20, it is a 10 to 15-minute drive, depending on traffic.

Participants are asked to provide the Institute with the following information at the earliest opportunity or as soon as their flight plans are finalised:

- Day, date and time of arrival
- Airline and flight number.

Living at St. Anselm's

Greatly enhancing its programmes is St. Anselm's Multicultural Living Community, a unique teaching/learning 'laboratory'. Within this vibrant milieu, the participant interprets and develops – according to the context of his or her own culture and spirituality – all that he or she learns in sessions.

Here participants discover for themselves that underneath our individual uniqueness, we have the same emotions, pains and pleasures as everyone else. The barriers of surface difference, our features, languages and personal beliefs, soon melt into an enrichment of living and relationship that continues throughout our life. The Community is noted for the striking warmth offered equally to all who come to study or visit.

The multicultural community provides an opportunity to practise constructive communication, where deep and active listening to others is of paramount importance in forming vibrant, growth-producing relationships.

Accommodation and Facilities

Participants are housed in the area designated to St Anselm's in single study-bedrooms. All bedrooms are en suite. Bed linen and towels are provided. Shared living areas include laundry with washing, drying and ironing facilities. Table Tennis may also be enjoyed. The Institute has its own chapel, lecture rooms and group rooms.

It is illegal in this country to smoke anywhere in public premises. The Institute is considered a public building.

Meals are enjoyed together in the central dining-room. The catering is done for us and the food is excellent. It is Italian food and diet which is known to be healthy.

Telephone: The office phone number should only be used for emergency messages. There is a good Internet service and students are expected to have their own phones where their congregations may contact them as necessary.

Library

The specialist library is extensive it has been considerably enhanced in recent years. There is a total book stock of circa 7000 specialist books. The library catalogue is computerised.

Induction sessions are arranged for all participants.

There is a fee of €20 payable at the beginning of the academic year. This will be refunded once all books borrowed by you are returned at the end of your programme.

IT Provision

Participants are advised to bring their own computers/tablets lap-tops if they wish to keep their own notes. There is a printer provided for participants.

Liturgy

Participants are together for Morning and Evening Prayer. Communities take it in turn to prepare and lead the liturgy. Weekday Masses are celebrated together, usually at midday. We also have 'Cultural Masses' throughout the year, where we have a taste of the liturgy of each nationality represented at the Institute, including the language and music of the country and the national dress. In this way we learn and understand more about each others' culture and people. Participants are expected to take time and space for private prayer and meditation.

Pastoral Care

For participants to get the most out of their time at the Institute they need to be healthy, comfortable and feel at home. Each participant will be appointed one-to-one growth facilitator,

who will accompany them during their time at the Institute. There is plenty of support, help and encouragement throughout their stay with us from both staff and peer participants.

EQUAL OPPORTUNITIES POLICY

<u>VALUING EQUALITY, DIVERSITY & INCLUSION IN A MULTICULTURAL</u> <u>LEADERSHIP TRAINING INSTITUTE.</u>

The international Institute if St Anselm is fully committed to creating an inclusive culture by promoting equality of opportunity and respecting and valuing difference among the staff, trainees and participants.

In line with our mission and Catholic identity, our equality, diversity and inclusion aims are complemented by the theological reflection that each human being is unique and valued.

It is our aim that all participants, trainees and staff can share fully in the life of the Institute community, value themselves and others and recognise the strengths and richness of diversity. The Institute is committed to:

- creating an atmosphere free from discrimination, promoting dignity and respect for all, and where individual differences and the contribution of all staff, trainees and participants are recognised and valued;
- ensuring that every member of this international Institute is regarded as of equal worth and importance irrespective of ethnicity, race, socio-economic background, gender, sexuality, religion, ability or disability and age;
- valuing and promoting the contribution that every member of our Institute community
 can make towards the academic and personal achievement of all. We recognise the
 contribution that diversity brings;
- recognising our role in promoting community cohesion for our participants in preparation for taking on a leadership role in a diverse society.;
- giving high profile to rights and responsibilities by promoting human rights, justice and fairness;
- promoting ongoing self-evaluation processes;
- recognising that we have a responsibility for enriching and broadening participants' experience of different cultures and languages. This includes our weekly cultural Masses, where we experience the variety of ways of celebrating the liturgy in different cultures;
- recognising and celebrating differences between people, tackling prejudice and promoting understanding;
- encouraging all participants in the development of their sense of personal worth and self-esteem.

Practical Experience

Part of the training in leadership in this residential, multicultural community involves growth facilitation – both one-to-one and group sessions – where participants and their facilitators are not necessarily of the same race or culture.

One of the challenges facing participants and their growth facilitators is the complex role that cultural diversity plays in the work for which they are preparing. In the training, we focus on

how our cultural values and our assumptions are likely to influence the way in which we practise.

Openness and respect will help to ensure that the reality of cultural complexity will be welcomed and celebrated. Participants are helped to become aware of how their own culture and life-experiences, attitudes, values and biases have influenced them and they are challenged to go beyond their cultural confines by correcting any of their prejudices and biases. They are helped to think differently by being immersed in practical experiences rather than simply acquiring knowledge about cultural diversity.

In their leadership training it is fundamentally essential for participants to learn and practise the skills that will enable them to function effectively and ethically in a multicultural society with people who differ from them. This learning takes place in everyday community living and in supervised practicum experiences.

Throughout their leadership training, participants are actively examining their assumptions about human behaviour, values, biases, ethnocentric attitudes and personal limitations. They are actively trying to understand the world views of others so that they are able to work with other perspectives in a non-judgemental way and welcome diverse value orientations about human behaviour.

In their one-to-one and group sessions, they are committed to developing and practising appropriate, relevant and sensitive interventions in working with diverse people. They use skills, methods and goals that are appropriate to the experiences and lifestyles of the culturally different.

Trainees receive individual and group supervision.

OUALITY ASSURANCE PROCEDURES

The mission of the Institute is to provide further education of quality within the context both of its history and culture and the needs of the participants. Its quality assurance procedures are a means by which its awards are assured and recognised as demonstrating high standards in its particular specialism.

The Assessment Board is responsible for providing the principles and policy on which our assurance systems are based. In conjunction with the Programme Management Committee, the Board is also responsible for the oversight, maintenance and development of all quality assurance procedures. However, all members of staff are involved in the quality assurance process.

Principles of Quality Assurance

- Quality assurance is a shared activity, owned and carried out at the closest possible point
 to the process of teaching and learning. It is a professional exercise rather than a
 management function. Although it is monitored by the Assessment Board and
 Programme Management Committee, all academic staff are involved in the achievement
 and maintenance of standards and the enhancement of quality.
- Quality Assurance is regarded as a holistic process of review and evaluation, a dynamic cycle generating continuous improvement in the design and delivery of the programmes. It involves responsive action based on critical, confident self-appraisal.
- The Institute recognises the need to be open to experimentation and change.

Monitoring and Review

Quality Assurance is closely linked with the defining aims and outcomes of a programme or module, with teaching and learning, with curriculum design and development and with the assessment process. Both the monitoring and review processes attempt to ensure that quality issues are addressed and standards are maintained in all these areas. The Institute has an external assessor and an external advisor for programme approval, monitoring and review.

Monitoring and review are considered as a holistic, continuous, integrated, flexible process adaptable to the requirements of programme change and improvement. Annual monitoring occurs and is recorded and any necessary action taken to enhance the programme.

Quality Assurance in Teaching and Learning

In recognising quality in teaching and learning the Institute uses, as its principal guide, the achievement of purpose and identifies the following conditions necessary for its achievement:

- Clarity of aims and learning outcomes
 Appropriate aims and outcomes are required for all programmes and these are made clear to participants in the programme documents.
- A Policy for curriculum organisation and delivery which includes effective methods for promoting learning.

Curriculum organisation, delivery and assessment are reviewed every year.

• The involvement of participants' views in judging the curriculum, its delivery and outcomes.

Participants are actively involved in evaluation where the expression of their opinions is greatly valued. The Institute has a long tradition of collaboration with Religious Congregations and Dioceses worldwide and encourages their participation in the planning and evaluation of the processes and teaching.

• The Institute's self-evaluation

All who share in the learning and provision of teaching contribute to this process together with the Trustees and Advisory Board.

Evaluation uses a variety of methods according to the nature and demands of each programme and includes questionnaires, participant interviews, group discussions, staff meetings and individual introspection. The areas subject to evaluation include the relevance and achievement of the stated aims and learning outcomes, the effectiveness of teaching and learning strategies and assessment strategies, procedures and standards in assessment, the availability of resources, participant recruitment and results, the participants' experiences and their own contribution to learning.

INSTITUTE STAFF

Trustees: Rev. Len Kofler MHM, Rev. Anthony Chantry MHM., Miss Thalia Slinn, Mr. Philip Goodlace, Rev. Paul Mooney MHM,

Director: Rev. Len Kofler MHM, DD, D.Soc, PhD, Dip.Couns, Accredited Psychotherapist, Group Psychotherapist, Supervisor, Trainer, Certified SHEN therapist, EQ Therapist / Trainer / Supervisor

Registrar: Miss Claire McGuire

Faculty: Core faculty includes both secular and religious programme facilitators and lecturers drawn from around the world. To supplement its resident staff, the Institute draws on outside experts in spirituality, psychology, and various approaches to counselling and human development from the secular as well as from the religious communities of various Christian denominations and other faiths.

Staff Team:

Rev.Len Kofler MHM, DD, D.Soc, PhD, Dip. Couns, Accredited Psychotherapist, Group Psychotherapist, Supervisor, Trainer, Certified SHEN Therapist, EQ Therapist/Trainer/Supervisor

Miss Thalia Slinn, IMA, CSCT, Dip. Couns., EQ Development Therapist/Trainer/Supervisor, Rev. Wijnand Huijs MHM; R.O.N, Dip Group Counselling, Dip Transformational Leadership and Ind. Growth Facilitation Supervisor

Rev. Estifanos Gebretsadik S.D.B., Advanced Dip in Integrative Psychospiritual Growth Facilitation of Groups, Higher Dip Leadership and Growth Facilitation in Ind. Claire McGuire, Growth Facilitation Supervisor

Guest Lecturers

Rev. John McCluskey MHM, MA, PhD

Rev. John Breen, Human Formation and Pastoral Director, Beda College, Rome

Rev. Brendan Callaghan, SJ, MA (Oxon), MPhil (Glasgow), MTh (London), FRSM, AFBPsS,

CClin Psych., HonFCP., Master of Campion Hall, Oxford

Prof. Giuseppe Crea mccj, Instituto Psicologia, Universita Pontificia Salesiana, Rome

Rev. Denis McBride, CSSR, MA (Hons), STM

Rev Dennis Tendal, P.P. MA Pastoral Studies, Diocensan Safeguarding & Child protection Co-Ordinator

Rev. Jim McManus, CSSR, Licence in Theology (Rome), Masters in Spirituality (Omaha)

Prof. Rev, Aureliano Pacciolla O. Carm, Psychotherapist, Professor in Personality Psychology

Prof. Umberto Nizzoli *Psicologia Clinica*, *Psicoterapia*, *Sessuologia*, *Psicosintesi perito di Tribunali*, *PhD*, *FAED*, *Pontificia Salesiana*, *Rome European Chapter AED*.

Sr Dr. Lettedenghil Ogbamicael Mesgun CMS, *PhD in Science Education, MA in Education, BA in Psychology, BA in Catechetics, Academic and Pastoral Counselling, University Lecturer*

External Programme Reviewer: Rev. Brendan Callaghan SJ, MA, M Phil, MTh, FRSM, AFBPsS, CClin Psych, Hon FCP: Master of Campion Hall, Oxford

Tutor: DLP in Transformational Leadership: Sr Therese Garman

External Consultant, Supervisor: Sr. Therese Garman SMP, BA (E,F,G), BSc (Hons) Psychology, Dip. Theol & Canon Law, Dip. Couns. & Human Development, Dip. Couns. Supervision, Choreo Accr.

Office Staff: Cliftonville, UK Mrs. Marie Musselbrook.

A Company Limited by Guarantee Registered in England; Company No: 201002; Registered Charity No: 294625